Heart Failure SelfCareKit

SKU #29460

- The Short Story on Heart Failure
- Work Book
- Lighten the Load
- Widen the Road
- Strengthen the Horse
- Log Book
- How Heart Failure Medicine Works
- Digital Scale*
- 28-Dose Pill Organizer
- How to Take Your BP Step X Step
- Auto BP Monitor*
- Fast Food AdVisor
- Watch What You Eat
- Emergency Card
- Magnet Memo Board
- The 4-Day Flush
- How to Limit Drinks
- Measuring Bottle
- Skin Care Lotion



Results

"Nothing else we did had as great an impact as the SelfCareKit. \$2.2MM saved in one year." -Alan Howard, RN MDiv Clinical Specialist St. Joseph Medical Center Lexington, KY Disease Management Association of America

Disease Management Association of America Conference Proceedings, 2004

Aurora Health System of Wisconsin saw a 72% Reduction in Readmissions

*Larger Scales and BP Cuffs Available



"I went to the hospital three times in two weeks. On the third time, they gave me a SelfCareKit. I've followed the directions, used all the contents, and stayed out of the hospital for four years running now."

-Miles R. Arlington Heights, IL

